Health & wellbeing

Illness and infection

Supporting an unwell child and following current public-health advice.

Draft for centre review | Prepared 16 November 2026

Operational review required

This is a centre-specific draft. It must be reviewed, completed and approved before adoption. It does not confirm staff appointments, registration or arrangements that have not been supplied.

Attendance

Children should be well enough to take part comfortably. Families should discuss symptoms, relevant exposure and any current public-health advice with the team before attendance.

Follow the current UK Health Security Agency exclusion guidance rather than applying a blanket rule to every infection. For diarrhoea and vomiting, the usual exclusion is 48 hours after the last episode, unless more specific advice applies.

If a child becomes unwell

A staff member will assess the situation, maintain appropriate supervision and keep the child comfortable. Contact the parent or emergency contact and agree prompt collection if needed.

Seek urgent medical help when necessary and follow emergency advice. Administer medicines only through the agreed medicines procedure. Do not leave a sick child alone.

Preventing spread

Encourage effective handwashing and respiratory hygiene. Clean affected surfaces, manage waste safely and maintain appropriate ventilation.

The manager will obtain advice from the relevant health-protection team when needed and make notifications required by applicable registration or public-health rules. Share necessary information with families without identifying another child unnecessarily.

Centre review before adoption

Confirm the current UKHSA guidance, collection arrangements, cleaning resources and applicable reporting routes.